

Daybreak, Adult Medical Day

Program is a community based program that provides comprehensive health services to eligible adults 21 years of age or older.

The program benefits both participants and caregivers:

- *It provides respite to families struggling to care for loved ones.*

Often family members are forced to juggle work and personal schedules with caring for a loved one. Daybreak provides a great alternative for caregivers who know that their loved one is receiving medical services, lunch and activities in a safe and comfortable day setting.

- *It allows individuals who wish to live independently to receive medical services, lunch and activities in a community setting.*

Our program prides itself on helping to keep people independent and healthy so visits to physicians and hospitalizations can be minimized. We help support individuals in order to prevent or delay placement in health related facilities.

Our Mission:

To keep people living as independently as possible in the community by assisting them with medical conditions they are unable to manage by themselves.

Services

Nursing

Provided by Registered Nurses and Licensed Practical Nurses



- Medication administration/injections
- Individual health assessments and health education
- Chronic disease management
- Skill Training
- Health Monitoring

Pharmacy Review

Provided by Licensed Pharmacist



- Each participant's medication list is reviewed biannually for appropriateness.

Nutrition

Provided by Registered Dietitian

- Daily lunch
- Monthly weight evaluation
- Nutritional counseling, evaluation and education
- Specialized diets and consistencies available

Social Work/Case Management

Overseen by MSW

- Assessment and coordination of community services including housing, and home care
- Assistance with entitlement programs, psychiatric counseling and ancillary services



Transportation Coordination

- To and from the program
- Assistance with medical appointments



Therapeutic Recreation

Provided by Certified Therapeutic Recreation Specialist

Ongoing daily activities geared toward wellness and independence:

- Cognitive programs
- Social programs
- Weekly outings
- Special events
- Physical programs
- Spiritual programs
- Creative arts
- Gardening
- Men's club

Physical, Occupational & Speech Therapy (as ordered by your physician)



"The support of your program has been of great help to my patient. Thank you."

—Nurse Practitioner

Personal Care Services

Provided by Certified Nurses Aids

Whirlpool baths/showers as well as toileting and meal assistance

Wheelchair accessible facility

How do I enroll?

Call us at 474-1478 x 300 or 498-4405 and we will schedule an evaluation with you.

Positive Outcomes From Enrolling

- Decreased hospitalizations
- Improved overall health
- Increased socialization and community connection
- Respite for caregivers
- Improved coordination of home services and medical appointments
- Ability to continue to live independently
- Increased mobility / decreased falls
- Stabilization of chronic health conditions
- Delaying progression of diseases